



## JUVENILE 300m GALA TIMETABLE

### U-14 TO U-16 CHECK IN CLOSSES AT 11.40 SHARP

BOYS	U-16	12:00 pm.
GIRLS	U-16	12:04pm
BOYS	U-15	12:08 pm
GIRLS	U-15	12:12 pm
BOYS	U-14	12:16 pm
GIRLS	U-14	12:20 pm

### U-12 TO U-13 CHECK IN CLOSSES 12.00 SHARP

BOYS	U-13	12:25 pm
GIRLS	U-13	12:35 pm
BOYS	U-12	12:40 pm
GIRLS	U-12	12:45 pm

### U-9 TO U-11 CHECK IN CLOSSES 12.20 SHARP

BOYS	U-11	12:50 pm
GIRLS	U-11	12:55 pm
BOYS	U-10	1:00 pm
GIRLS	U-10	1:10 pm
BOYS	U- 9	1:20 pm
GIRLS	U- 9	1:30 pm

### NOTES:

1. Check in will be in operation at the red-brick building.
2. Athletes must check in for their race and get their numbers before check in closes.
3. No entries will be accepted after the closing time.
4. Assembly will be on the track at the high jump area.
5. Athletes must compete in their own age group and cannot compete in more than one race.
6. If heats are required these will be run as individual races with prizes for the first three athletes over the line in all races.
7. U14-U16 athletes will compete in lanes; all other age groups will start on a stagger. Starting blocks will be provided, but are not mandatory.